

The Golden Thread

Assessment

- ANSA, CANS, SUD, etc.
- Anything listed as a 2 or 3 on ANSA/CANS or anything relevant on other assessments go on the Treatment Plan or documented why not focusing on this currently. Also, if any history of suicidal ideation or attempts must be reflected as an objective on the Treatment Plan.

Treatment Plan

- Contract between Treatment Team and Client on focus of treatment. Specifically for the next 90 days for objectives. Client MUST sign to show they know the focus of treatment and agree with the plan. (Person Centered)

Treatment

- Treatment Plan should be updated every 90 days (objectives) at a minimum.
- The Treatment Plan can (and should) be updated any time something changes in treatment to allow for client growth and life changes.
- As objectives are completed, move on to the next step. If they cannot complete it in 6 months, the objective is too big and needs to be more specific. (Remember objectives are baby steps to bigger goals. It is important to be able to show progress because it keeps the client motivated and positive about treatment.)

Discharge

- Discharge ANSA/CANS and Discharge Summary completed. Chart Closed.